

Heather Douglas Allen

Experience

2019 – Present Heather Allen, LCSW Colorado Springs, CO

Individual/Family Therapist

Treat children and adolescents facing challenges behaviorally, socially, emotionally
Guide families in supporting children and adolescents with specific needs
Provide clinical supervision.

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2009 – Present Colorado Springs D11 Colorado Springs, CO

Behavior Consultant/Direct Provider

Served multiple buildings to support in areas such as student behavior and special education
Facilitate Positive Behavior Incentives and Supports (PBIS) initiative.
Member of multi-disciplinary Special Education and Intervention teams.
Regularly administer assessments and collect data.
Establish positive relationships with students and community members through brief therapy
and solution-focused techniques.

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2006 - 2009 Colegio Nueva Granada Bogotá, Colombia

Middle School Counselor

Provided individual and group counseling, as well as serve various committees.
Developed and supervised Peer Mediation Program.
Sponsored Youth Leadership Program.
Created and implemented a daily Character Education Program for staff and students.

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2000–2006 St. Joseph's/Candler Health System Savannah, GA

Medical Social Worker

Attended multiple-disciplinary meetings for evaluation and analysis of patient population.
PRN employee responsible for discharge planning and potential outpatient needs.
Provided clinical supervision to employees and colleagues seeking licensure.

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1996–1999 Collinsville School District #10 Collinsville, IL

Crisis Interventionist

Provided individual and group counseling for the “Behavior Disorder” population.
Trained students and teachers in Aggression Replacement Therapy (A.R.T.)
Assisted in the development of Individualized Education Plans (IEPs).

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1995–1996 Belleville School District #118 Belleville, IL

School Social Worker

Provided individual and group counseling while monitoring student grades and truancy.
Sponsored Student Council and Junior Optimist Clubs; coordinated career education.
Co-Facilitated "Partners in Parenting" workshops for district families.

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Education

1989–1993 **Westminster College** Fulton, MO

Bachelor of Arts, Major in Psychology with Minor in English.

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* 1993 – 1995 **Washington University** Saint Louis, MO

Master of Social Work, Concentration in Children and Youth

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Active Licenses

1989 Department of Rehabilitation Services, Westminster College, Fulton, MO

* Bachelor of Arts, Major in Psychology, Westminster College, Fulton, MO

* * Colorado Department of Education -- Special Services Provider #299067

* 1993 – 1995 **Washington University** Saint Louis, MO

Master of Social Work, Concentration in Children and Youth

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**Relevant Trainings/
Certifications**

ART – Anger Replacement Training

Autism and Challenging Behaviors

Partners In Parenting

Peer Mediation

Restorative Practices/Restorative Justice

Suicidality

The 7 Habits of Highly Effective People

Trauma Informed Care